

Eco-Conscious Embroidery: Choosing the Right Tools and Threads

Sustainable Equipment & Threads

- Use durable hoops (wood or bamboo) over plastic to reduce waste
- Choose quality, long-lasting needles that won't bend or break
- Opt for stainless steel or high-quality scissors to preserve edge

Eco-Friendly Thread Choices

- Hemp silk, organic cotton, linen, and bamboo threads for lower environmental impact
- Check for nondye or low-impact dyeing processes
- Match thread type to fabric for strength and longevity (e.g. hemp silk on natural cotton)

Natural Fabrics & Materials

- Use organic cotton, linen, or other natural fabrics for backings and backgrounds
- Select natural or recycled fibers for trims and embellishments

Workspace & Waste Management

- Store scraps and waste fabric separately for composting or repurposing
- Use energy-efficient lighting and tools
- Reuse packaging, upcycle containers for tool storage

Mindful Buying & Maintenance

- Buy tools that will last; repair instead of replace when possible
- Prioritize threads and materials certified for sustainability
- Keep tools clean, sharpen scissors, maintain tools well